

Doctor Jaquel.com



“Health is a state of complete harmony of the body, mind and spirit. When one is free from physical disabilities and mental distractions, the gates of the soul open.” ~B. K.S. Iyengar

Do you seek care from a trained professional in natural therapies?
Are you unable to have your particular medical needs addressed?

Have you experienced any of the following?

- Feeling tired with little energy throughout the day?
- Mental fog and lack of clarity in thought?
- Gastrointestinal issues like bloating and cramping?
- Hot flashes and other menopause related conditions?
- Chronic pain and muscle aches?
- Anxious or depressed?
- Irregular menses or irritability?
- Recurring skin issues?
- Chronic inflammation?
- Difficulty sleeping at night?
- Unable to maintain peak and/or optimal athletic performance?
- Unable to lose weight or gain weight?
- Hormonal imbalances?
- Do you find it difficult adhering to any healthy lifestyle regimen?



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If your answer is yes to any of these symptoms, Dr. Jaquel is here to address and answer your health care needs. Dr. Jaquel's mission is to help you achieve your own personal goals of optimal wellness by initially meeting you wherever you are at. She'll become actively involved in directing your health journey by instilling the fundamentals of nutrition, along with physical and mental well-being. You may be asking, how exactly can she do this? As a naturopathic doctor/consultant, Dr. Jaquel treats you as a whole person, and will bring your body into balance and manage the stressors that influence your overall health. With the use of natural therapies like homeopathy, herbal medicine, nutritional supplementation, and stress reduction techniques, Dr. Jaquel will support and challenge you to achieve your health goals.

Areas of focus: sports medicine, weight management, mind/body, pediatric health, anxiety, depression, chronic fatigue, chronic pain, anti-aging, and skin care.

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Dr. Jaquel Patterson, N.D., is a Naturopathic Consultant who graduated from the University of Bridgeport College of Naturopathic Medicine, a four year, accredited, graduate level naturopathic medical school.

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Share medical space with VIP Med and Wellness Innovations.**

For more information visit: www.doctorjaquel.com