

# Services

## Homeopathic Consultation:

Time: 1.5-2hrs.

- Encompasses a comprehensive intake with questions regarding your medical history and ailments, personality (reviewing your likes and dislikes), physical disabilities and or nuances, and mental particularities, and any other unique physical, mental, and spiritual attributes to gain a full understanding of your individual makeup. Her use of radar software coupled with her training in European homeopathic miasmatic training will be used to develop a full constitutional assessment.

## Standard Consultation:

Time: 1-1.5 hrs

- Comprehensive consultation including use of naturopathic modalities like herbal medicine, nutritional supplementation, homeopathy, counseling, etc. Additional tools like metabolic typing, blood type assessment, and radar software, in addition to other naturopathic reference tools may be used. Dr. Jaquel will help to direct you to products that will likely improve your mental and physical well being.
- **Areas of focus: sports medicine, weight management, mind/body, pediatric health, anxiety, depression, chronic fatigue/pain, anti-aging, and skin care.**



## Doctor Jaquel, LLC

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Fairfield, NJ 07004

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## Naturopathic Consultant

- Homeopathy
- Herbal Medicine
- Nutrition

*"Health is a state of complete harmony of the body, mind, and spirit"*  
~B.K.S. Iyengar

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## Are you seeking natural therapies?

Do you seek care from a trained professional in natural therapies?

Have you experienced any of the following?

- Feeling tired with little energy throughout the day?
- Mental fog and lack of clarity in thought?
- Gastrointestinal issues like bloating and cramping?
- Hot flashes and other menopausal related conditions?
- Chronic pain and muscle aches?
- Anxious or depressed?
- Unable to maintain peak and/or optimal athletic performance?
- Chronic inflammation?
- Unable to lose or gain weight?
- Hormonal imbalances?
- Recurring skin issues?
- Irritability or hyperactive?

If you answer is yes to any of these symptoms, Dr. Jaquel is here to address your health care needs. Dr. Jaquel's mission is to help you achieve your own personal goals of optimal wellness by initially meeting you wherever you are at.



## About Dr. Jaquel

Dr. Jaquel Patterson, N.D. is a Naturopathic Doctor/Consultant who completed her medical studies at University of Bridgeport College of Naturopathic Medicine (a four year, accredited, graduate level naturopathic medical school with training in all of the traditional basic sciences, plus clinical nutrition, herbal medicine, homeopathy, physical medicine, hydrotherapy.) She completed over 1300 clinical hours, and received extensive training in European homeopathic medicine. She studied with Dr. Gerard Gueniot, the world's leading physician in biotherapeutic drainage and miasmatic homeopathy.

Dr. Jaquel has a breadth of experience in both the clinical and research realm. She has acted as a health consultant in CT and NY and worked as a research intern at Yale -Griffin Prevention Research Center. She currently works full-time in a leadership and managerial capacity at Morris Heights Health Center, which serves more than 48,000 residents per year, where she works on preventive health initiatives like childhood obesity, senior wellness, employee wellness, and is implementing

a new site of Wellness, in addition to its current thirteen locations.

Dr. Jaquel received her undergraduate degree from Cornell University in Applied Economics and Management. She currently serves as a National Board Director for Sickle Cell Association of America. She is an active member of the New York Association of Naturopathic Physicians and the American Association of Naturopathic Physicians.

She is currently working part-time as a Naturopathic Consultant in Fairfield, NJ.



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